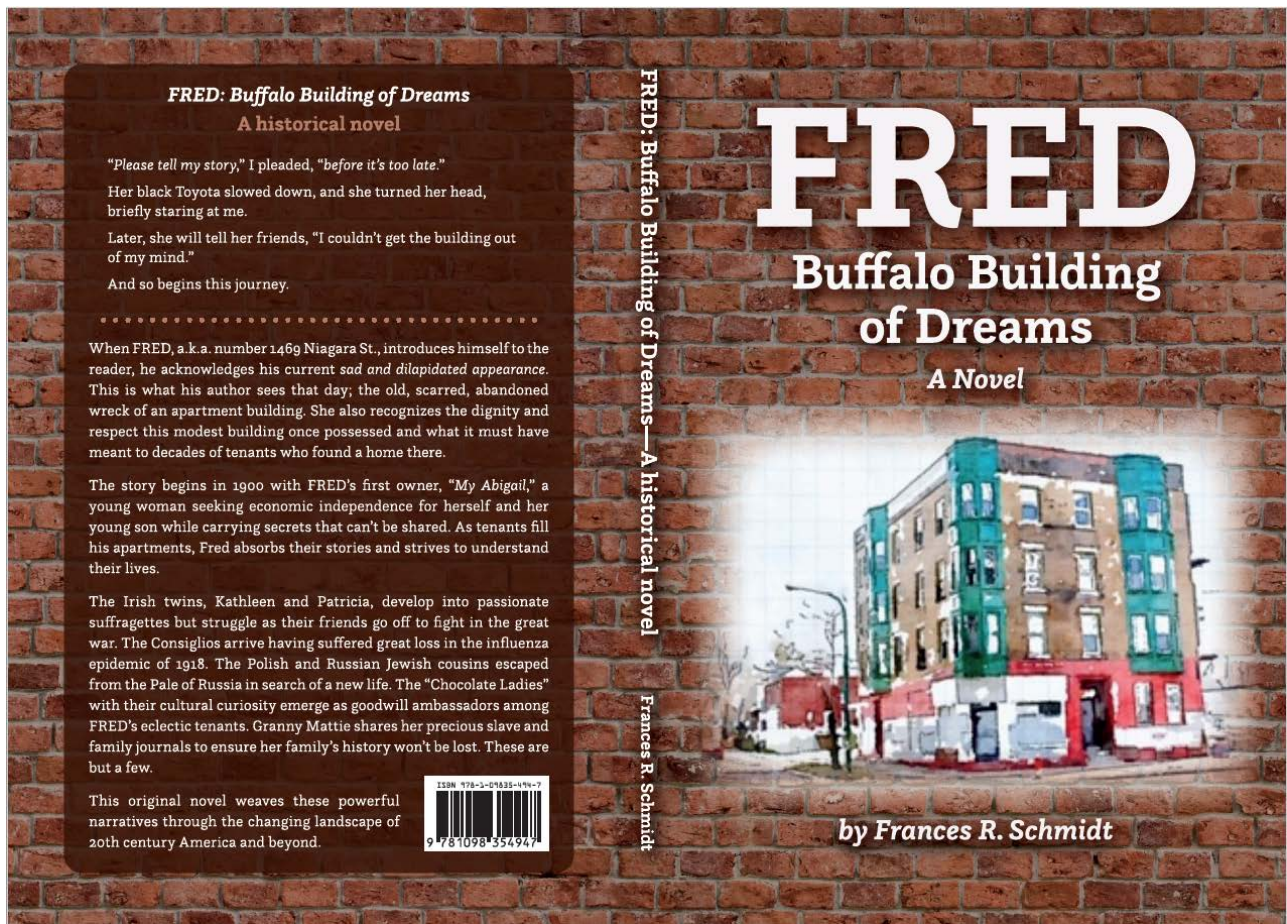


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FRED: Buffalo Building of Dreams
A historical novel

"Please tell my story," I pleaded, "before it's too late."
Her black Toyota slowed down, and she turned her head, briefly staring at me.
Later, she will tell her friends, "I couldn't get the building out of my mind."
And so begins this journey.

When FRED, a.k.a. number 1469 Niagara St., introduces himself to the reader, he acknowledges his current *sad and dilapidated appearance*. This is what his author sees that day, the old, scarred, abandoned wreck of an apartment building. She also recognizes the dignity and respect this modest building once possessed and what it must have meant to decades of tenants who found a home there.

The story begins in 1900 with FRED's first owner, "My Abigail," a young woman seeking economic independence for herself and her young son while carrying secrets that can't be shared. As tenants fill his apartments, Fred absorbs their stories and strives to understand their lives.

The Irish twins, Kathleen and Patricia, develop into passionate suffragettes but struggle as their friends go off to fight in the great war. The Consiglios arrive having suffered great loss in the influenza epidemic of 1918. The Polish and Russian Jewish cousins escaped from the Pale of Russia in search of a new life. The "Chocolate Ladies" with their cultural curiosity emerge as goodwill ambassadors among FRED's eclectic tenants. Granny Mattie shares her precious slave and family journals to ensure her family's history won't be lost. These are but a few.

This original novel weaves these powerful narratives through the changing landscape of 20th century America and beyond.



FRED: Buffalo Building of Dreams—A historical novel

Frances R. Schmidt

FRED
Buffalo Building
of Dreams
A Novel



by Frances R. Schmidt

Author Bio

Fran has a passion for people and an enthusiasm for their personal histories. In this first novel, *FRED: Buffalo Building of Dreams*, she uses her storytelling skills to help FRED impart the compelling tales of the tenants and their families who called him their home for over more than a century. It is an imaginative and well-researched slice of history as told by a humble apartment building. FRED's intimate observations reveal to him (and to us) what it means to be human.

With possible demolition looming, Fran's goal was to tell the building's tales before it was too late. Her promise to FRED has been achieved and it has been an extraordinary experience that changed her life forever. She has learned the importance of historical accuracy and the truths it can reveal.

The novel was honored to be selected for a first chapter professional reading on the Novel Writing Festival website (August 2020).

Fran is a retired director of a Buffalo, New York college career counseling center. Stemming from that experience, Fran has authored two well-received job search books, *Getting Hired, Handbook for College Graduates* and *Getting Hired in any Job Market*, and several related articles. Once again, helping people tell their stories.

Fran was the past Founder and Coordinator of an all volunteer Back on Track Career Peer Mentoring Program for the Society of Saint Vincent de Paul of WNY from 2000-2017.

Fran Schmidt resides in the Western New York region.

1. **FRED: Buffalo Building of Dreams**

soft cover publication date: April 19, 2021

ebook publication date: February 24, 2021

ISBN (soft cover print) 978-1-09835-494-7

ISBN (ebook) 978-1-09835-495-4

2. **FRED**

<https://francesrschmidt.com/who-is-fred/>

3. **Promotional Information**

Testimonials: <https://francesrschmidt.com/testimonial/>

Book Reviews: <https://francesrschmidt.com/reader-reviews/>

Fred's Memories: <https://francesrschmidt.com/posts/>

- Journey Back in Time
- Granny Mattie's African American Treasures
- Comfort food and more
- 1941: America is changed forever
- My Suffragettes, World War II, and The Right to Vote
- Change is coming
- Coming to Life in 1900
- Memories of my Chocolate Ladies
- Thank you for believing in me: Hi, I'm Fred
- FRED: Buffalo Building of Dreams
- Architect: Edward F. Pickett
- Buffalo's Westside Renaissance: The Metholatum Company
- FRED and Me
- Puzzle Pieces Grow
- The Research Puzzle
- Keeping Track of Time

4. Tribute Article/Novel Transcript Reading

- Per Niente article, Winter 2021 Our Heritage Volume 17 Issue 1
<https://francesrschmidt.com/tribute-articles/>
- Novel transcript reading, Chapter 1 by Allison Kampf August 2020
<https://francesrschmidt.com/novel-transcript-reading/>

5. Historical Research Process

<https://francesrschmidt.com/historical-research-process/>

6. Sample Historical Highlights

<https://francesrschmidt.com/sample-historical-highlights>

7. Orphan Building Research Team

<https://francesrschmidt.com/orphaned-building-research-team/>

8. Published Books (info/awards)

- Getting Hired Handbook for College Graduates 2012
- Getting Hired in Any Job Market 2001

9. Job Search Articles

<https://francesrschmidt.com/published-articles/>

10. FAQ/Suggested Interview Questions

1. Why did you choose to write an historical fiction novel?
2. Why is FRED important?
3. How did your characters emerge to tell their tales?
4. How did you do your research?
5. How should readers buy your book?
6. Who will your novel appeal to?
7. What makes this book special?
8. What is the message of the novel?
9. How long did it take you to write FRED's novel?
10. What do you want readers to know about you?

11. Social Media Links

LinkedIn: <https://www.linkedin.com/in/francesrschmidt>
4/27/21
21,904 connections

12. For More Information:

Please contact author via author website: <https://francesrschmidt.com/>

Click on "Get in Touch" to leave a message and your contact information.